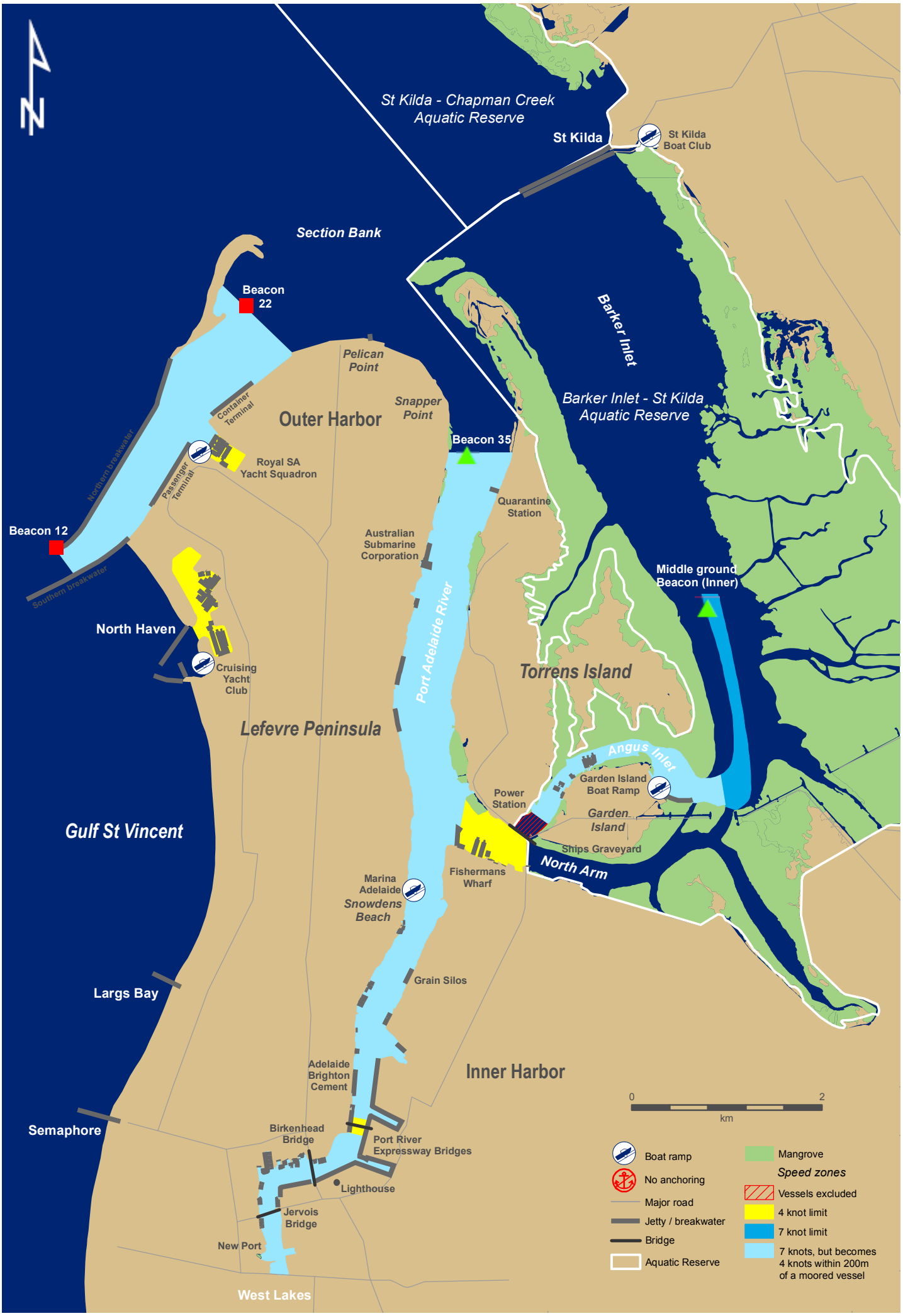Safe Boating Speeds for the Port Adelaide River and Barker Inlet (Adelaide Dolphin Sanctuary)