

Volunteering made easy



Volunteering can enrich your life with friends, skills, connections and the simple joy of giving back

People who volunteer are happier, healthier and even have better sleep¹. Over 21% of South Australians volunteer each year, the highest of any Australian state.

If you're keen to get involved but aren't sure where to start, here are plenty of ideas and inspiration.

Follow your passion

Whether it's trees or people, frogs, fish or native plants, there is a volunteer opportunity to match your passion.

The best part is, volunteering is flexible. You can help informally at an event, or pursue an ongoing role in an organisation.

Perhaps you're an admin or marketing whiz, or more interested in getting your hands dirty.

Whatever your interests and availability, it's easy to make volunteering work for you.

Gain new skills, experiences and training

Volunteering helps you gain skills, experience, and looks great on your resume. What better way to learn about native plants, research dolphins or become an expert in sustainable living – all for the price of your time?

We offer training from plant identification to first aid, and provide insurance for individuals and groups.

Contact our Volunteer Support Officers on 8273 9100

Seek environment grants

Funding can be a game-changer. If you're helping to protect our natural resources or promoting sustainable living, check out our environmental grants, available to volunteer groups, individuals, schools and preschools.

Search for 'Environment grants for schools and communities' at naturalresources.sa.gov.au/adelaidentloftyranges

"No one can do everything, but everyone can do something"
- Unknown



Government of
South Australia



Natural Resources
Adelaide and Mt Lofty Ranges

Meet like-minded people at a local centre

Volunteering brings fresh faces into your life, offering the opportunity to connect with like-minded people of diverse backgrounds and ages.

Community-run natural resource centres are hubs of education and sustainability, as well as great places to volunteer and connect with others.

Contact details for your local community-run natural resource centre are listed on the 'Find us' page at naturalresources.sa.gov.au/adelaidemtloftyranges

Become a citizen scientist

Think discovering distant stars, naming new species or monitoring at-risk habitats is just for scientists? Think again. Citizen scientists, just like you, provide, collect and analyse data for a variety of projects.

They make it possible for scientists to interpret huge amounts of information and spot things which may have been missed, sometimes making their own discoveries!

Search for 'Citizen scientist' at naturalresources.sa.gov.au/adelaidemtloftyranges

Start a new volunteer group

If something needs doing, but nobody's doing it ... be the first! You can start your own volunteer group and we'll support you.

We offer advice, insurance and occasional financial assistance to get new groups off the ground.

Contact our Volunteer Support Officers on 8273 9100

Find an opportunity right for you

Natural Resources Adelaide and Mount Lofty Ranges

Explore opportunities within the Adelaide and Mount Lofty region. Read the *Green Handbook* for ideas.

Search for 'Volunteer opportunities' at naturalresources.sa.gov.au/adelaidemtloftyranges

National Landcare Directory

A directory of community environmental 'care' groups across Australia.

Visit landcareaustralia.org.au

Volunteering SA

Search a wide range of volunteering opportunities across South Australia.

Visit volunteering-sa-nt.org.au

Be inspired by others

Friends of Scott Creek Conservation Park

Scott Creek Conservation Park contains some of the most diverse remnant vegetation within the Mount Lofty Ranges. Volunteers meet several times each month, tackling weeds to clear the way for native plants and running a bird banding program to help monitor bird populations.

Visit friendsofscottcreekcp.org.au

Friends of the Hooded Plover

There are less than 800 Hooded Plovers left in SA, but the Friends of the Hooded Plover is hoping to change that through engaging and effective ways for everyone to help.

Search for 'Hooded Plover project' at naturalresources.sa.gov.au/adelaidemtloftyranges

SA Urban Food Network

This network connects people and projects to find sustainable and fair ways of nourishing their families and communities.

Search for 'Urban Food Network' at naturalresources.sa.gov.au/adelaidemtloftyranges

Adelaide Dolphin Sanctuary Action Group

Protect dolphins and their habitat in the Port River and Barker Inlet. Only 13 km from the CBD near Port Adelaide, the sanctuary is home to around 40 resident bottlenose dolphins, 400 visiting dolphins, seals and migratory birds.

Visit adsactiongroup.org.au

Sustainable Communities SA

Inspire, inform and connect communities. The Unley Repair Café, gardening workshops, One Planet Market and Seacliff Food Swap are just some events run by members. Plus there are six community groups that meet regularly to share stories and ideas, and hear from speakers.

Visit sustainablecommunitiessa.org.au

¹ Key statistics about Australian volunteering, 2015
volunteeringaustralia.org/wp-content/uploads/VA-Key-statistics-about-Australian-volunteering-16-April-20151.pdf

More information

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